

Return to Freedom Retreat

A sacred journey into the heart and spirit of the wild

***Guided by the Return to Freedom wild horse herd,
nature's wilderness & your inner wild nature.***



Date: May 5-7 2023 (three days two nights)

Return to Freedom Wild Horse Sanctuary, San Louis Obispo, CA



**“And Spirit grasped a handful of southerly wind, blew breath over it,
and created the horse.... Given the power of flight without
wings.” Bedouin prayer**

Reawaken your wild spirit of adventure and listen for your call of the wild at this unique retreat experience.

Join us in the wild beauty and serenity of the California hills as we follow in the hoof prints and heart prints of the Wild horses moving us toward the life we are invited and free to live.

Day 1 Entering Your Sacred Journey: a ceremonial meeting of the herd, land, and circle of women.



Day 2 Exploring your Sacred Journey: a day of quiet reflection inner knowing and mindful walking with the wild horse herd.



Day 3 Engaging in the Journey of Sacred Relationship: intimate, vulnerable, patient moments inviting a wild horse into our world.



Rising with the sun and retreating into night we will tend to body, mind and spirit: being with the wild horse herd, creating ceremony, giving ourselves the gift of time alone to rest and reflect, and time together to share our precious experiences and gather our collective wisdom.

Cost: \$2,755 early bird \$2,555 before April 1
Includes retreat experience and lodging.

Lodging: We will share a welcoming house near the ocean and enjoy healthy meals and delicious conversation.

Dates: Spring May 16-18, 2023

For information or registration contact Jackie at jacalynstevenson@gmail.com



Your Hosts: Neda DeMayo, founder, and President, Return to Freedom
Jackie Stevenson, founder and CEO Spirit of Leadership Services
and the Return to Freedom Herd and Natural World

<https://returntofreedom.org> www.spirit-of-leadership.com

Return to Freedom is a non-profit 501(c)3 organization



Wild Horse Preservation & Sanctuary.

Video <http://vimeo.com/423814174>

Robert Redford Stands with America's Wild Horses

The American Wild Horse is a symbol of freedom and power and has woven itself into the very fabric of what is America.

Return to Freedom provides a safe haven to almost 400 wild horses. They are dedicated to preserving the freedom, diversity, and habitat of America's horses through advocacy, sanctuary, education, and conservation while enriching the human spirit through direct experience with wild horses and the natural world.

Return to Freedom strives to keep wild horses in their original family and social groups, so that they may continue to exist without the threat of capture or removal insuring the viable free-range herds for future horse and human generations.

Your participation in this retreat helps Return to Freedom meet the challenge of the rapidly diminishing number of wild horses in America by preserving and protecting those that remain.



The horse above, Spirit was used as an inspiration and model for the artists and animators during the making of the 2002 DreamWorks animated film Spirit: Stallion of the Cimarron. The film, based on a script about a wild mustang written by John Fusco, a long-time figure in the mustang community, and was a combination of hand-drawn, traditional animation.